

Diversity in RCA

Valuing our Differences

The RCA Fellowship actively supports valuing differences both within a coupleship and among couples of diverse backgrounds. In our coupleship and in our groups, we are surmounting our differences to achieve serenity.

Diversity is important to RCA Fellowship because each of us, being different, makes a richer contribution to the whole.

RCA Diversity Philosophy Statement

Committed relationships include, but are not limited to, all adult relationships regardless of age, sexual orientation, gender identification, religious background, culture, race, class, national origin, recovery affiliation, physical or mental challenge, or political persuasion.

Diversity is consistent with the First Tradition of RCA:

“Our common welfare should come first; couple recovery depends on RCA unity”, and our Third Tradition: “The only requirement for membership in RCA is a desire to remain in a committed relationship.”

How do we practice diversity?

- ✓ We acknowledge and accept our differences
- ✓ We affirm what we have in common
- ✓ We accept the fact that growth can be messy
- ✓ We give our partners the benefit of the doubt
- ✓ We use mirroring techniques for conflict resolution
- ✓ We sponsor other couples
- ✓ We are willing to be honest
- ✓ We maintain an open mind
- ✓ We maintain a willingness to change
- ✓ We engage in active listening
- ✓ We demonstrate Compassion
- ✓ We enjoy each other

These are excerpts from the RCA Diversity Pamphlet, which can be ordered from the World Service Office 510-663-2312 or from the Online Literature Store on www.recovering-couples.org