SEXUALITY AGREEMENT

For _____

Date _____

We agree to use words to ask each other to be sexual instead of non-verbal messages.

We agree that a decision to be sexual together will be a mutual one negotiated between adults, in the same way as any other choice.

We agree to attempt awareness of our "presence" during sexual initiation and promise to communicate that state of awareness, i.e., we can say "I feel sexually attracted to you." It is okay not to have sex even if one of us has communicated that he/she is feeling sexual.

We agree to develop and use couple affirmations about our relationship and our sexuality.

We agree to work our individual recovery programs as well as our RCA program around issues that arise in romance and sexuality.

We agree to remain open to outside counseling opportunities and to work with our sponsoring couple.

We agree to pray before and after being sexual together.

We see our sexual, physical, intellectual, emotional and spiritual intimacy as a growing, important part of our life together. We create time together to foster this growth.

We agree to review this agreement together during the first week of each month to set a date for our "date day" and weekly to help us stay focused on our progress toward our commitment.

This agreement is entered into willingly and lovingly by

_____ _____ on _____

(Sponsee Couple) (Sponsee Couple) date

And lovingly witnessed by our Sponsor Couple;

_____ _____ on _____

(Sponsor Couple) (Sponsor Couple) date