

## SUGGESTED LITERATURE COUPLE SCRIPT

Good evening, my name is \_\_\_\_\_, and my name is \_\_\_\_\_ and we are a recovering couple, and you're Literature Couple for this evening.

We would like to begin by asking any new comers to this meeting to introduce themselves so we can properly welcome you to this meeting. If this is the first RCA meeting you have ever attended we would also like to present you with our RCA Newcomer Chip.

(Ask newcomers to the meeting to introduce themselves, and then ask first timers in RCA if they would mind standing together so you can explain the newcomer chip and stool)

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In RCA we think of a relationship, or coupleship, as an infant, needing constant nurturing and care from both partners. It is important that each partner accept mutual responsibility for the problems and/or progress of the relationship. We also believe it is helpful if each person recognizes his/her individual recovery as an important factor for couple recovery.

The symbol of RCA is a three-legged stool, and it is a good representation of a "Healthy Relationship". These legs can represent either; our individual recovery, our partner's recovery, and our relationship recovery. Or; communication, commitment and caring. Or; me, my partner and our Higher Power. Each leg provides important support for the stability, serenity, and intimacy we seek.

In RCA we define sobriety as the ability to remain in commitment to the relationship. We believe that we achieve sobriety by working the 12 Steps of RCA together. Slips or relapses occur when we question our commitment, refuse to accept mutual responsibility for our problems, get into blaming behavior, and/or stop working the program together.

There are no problems that you have experienced that are not common to many of us. Keep coming back, the process of loving and communication grow in us and with each other one day at a time.

So, we'd like to say "welcome" once again. We would also like to offer you this Newcomer Brochure and this pamphlet that has many of the local area meetings listed for your convenience.

We offer Hugs at this meeting if you would be open to receiving them.

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Are there any anniversaries tonight. 3 Months? 6 Months? 1 Year? 2 Year? Etc.

(ask each couple receiving a chip if they would like to take 1-2 minutes to tell the group how they did it)

We want to remind everyone that we do have RCA Blue Books available for \$\_\_ each.

We also have other literature available, including "Out Reach" brochures that can be given to anyone you meet who may be interested in RCA. These are also great to share with clergy and/or therapist. (The 5<sup>th</sup> Tradition reminds us our primary purpose is to carry our message to couples who still suffer)

If you have any questions about literature please feel free to see us after the meeting.

We thank you for allowing us to be of service.