

["member of Early Birds" feedback on the 2006 4th edition Blue Book](#)

1. Do the language and tone of the book feel welcoming to you, whatever your 12-Step affiliation may be? If not, what is missing?

Many of the instructions are too authoritarian.

2. Is the treatment of the topics balanced? If anything is given too much or too little emphasis, please specify what that is.

3. Is there anything in this revised Blue Book you find offensive? What would you like in place of this if anything?

The use of Higher Powers. It should be singular.

Changing the wording of the steps.

Not using addictions and co-addictions but problems. RCA is a Twelve Step Program not just a couples group.

Everything should not be in the past tense. We continue to work the steps. We are not recovered but recovering.

4. Please tell us of changes from previous editions you like and don't like.

5. Has there been anything significant in your couple's recovery, particularly of a spiritual nature, that is not mentioned somewhere in the Blue Book?

6. Do you have a practice or Tool not described in the Blue Book?

7. Has there been anything in your meeting's success that is not mentioned in the Traditions in the Blue Book such as socializing outside meetings or other meeting practices?

Retreats.

Convention attendance.

Our meeting is early and all are invited to go to dinner afterwards. Some times the whole meeting goes out for a meal and socializing

Once a month there is a meditation pot luck. The couple hosting leads a meditation for about 20 minutes. Then we have the potluck and socializing.

8. In what ways could the spirituality of the program be better expressed?

9. In what ways could the RCA Blue Book better support your meeting or help you start a new meeting?

10. Some RCA members want the 3 edition of the Blue Book available. Would you purchase the 3 edition of the Blue Book in preference to this 4 edition if you could do it over? Would you use both? Is there a place for the 3 edition if it meets AA guidelines?

The Third Edition is the only approved book at this time. We continue to use it in our meeting. The stories all end in early recovery but they show how many people from different programs have gotten help from RCA.

11. Should the stories be retained if the couple has split up? Would you write your couples story? Should real names be or not be included in the stories?

Yes. Sometimes RCA helps people split in a healthier way. It is always sad to hear of RCA break-ups.

12. Is the writing in the Blue Book consistent with and supportive of RCA and its traditions?

13. Do you find the grammar, person, and tense of the Blue Book clear, comfortable, and without gender discrimination?

NO! NO!

14. What would you like to see added to the Blue Book? Why?

The traditions need to be in.

15. What would you like to see deleted from the Blue Book? Why? Please use the back for additional comments. The additional comments in 2005 were very helpful in writing this 2006 edition.

Additional comments:

The new edition needs to be professionally edited either by a volunteer in the fellowship or by a paid editor before thousands are spent on printing.

Healthy sexuality is a missing topic.

A marked up edition of the 2005 draft was submitted but not used as it was not on the web site.

More comments will be addressed at the Business Meeting.

I had to have help to get to the form on the web site. How many people gave up?