

BB Feedback from FLA Group – 4/30/07

**Questionnaire
2006 4th edition Blue Book**

1. Do the language and tone of the book feel welcoming to you, whatever your 12-Step affiliation may be? If not, what is missing?

Very welcoming.

2. Is the treatment of the topics balanced? If anything is given too much or too little emphasis, please specify what that is.

I find it balanced for myself. Co-addict as well as addict.

3. Is there anything in this revised Blue Book you find offensive? What would you like in place of this if anything?

I found nothing offensive at all.

4. Please tell us of changes from previous editions you like and don't like.

N/A

5. Has there been anything significant in your couple's recovery, particularly of a spiritual nature, that is not mentioned somewhere in the Blue Book?

We do our "Honest Time" every day where we take at least 15 min each nite to review our day as a couple & see what progress we've made that day, or need to make. We agree to share 100% honestly our feelings & it helped us immensely stay connected daily.

6. Do you have a practice or "Tool" not described in the Blue Book?

The workbook mentions briefly a "couples collage" with no explanation in the Blue Book that I could find (for Step 2). I'd like to see that explained & explored more, as we liked it – even our own interpretation of it.

7. Has there been anything in your meeting's success that is not mentioned in the Traditions in the Blue Book such as socializing outside meetings or other meeting practices?

There's been discussion of a teen COSA or co-dependency group. Al-Anon has provisions for teens. With our society as it is now with teens so exposed to potential addiction/co-addiction via family. Teen support 12 steps for SA would be wonderful.

8. In what ways could the spirituality of the program be better expressed?

I'd find it easier if the prayers were all together in the very front of the Book. Being new & searching for each one during meeting is embarrassing & cumbersome.

9. In what ways could the RCA Blue Book better support your meeting or help you start a new meeting?

Give suggestions for small groups for finding sponsor couples. Especially if experienced couples in recovery are limited in our group.

10. Some RCA members want the 3rd edition of the Blue Book available. Would you purchase the 3rd edition of the Blue Book in preference to this 4th edition if you could do it over? Would you use both? Is there a place for the 3rd edition if it meets AA guidelines?

11. Should the stories be retained if the couple has split up? Would you write your couple's story? Should real names be or not be included in the stories?

Yes – the stories have value either way. Names aren't really relevant as anonymity is key anyway. We're only 1 ½ mo. Into RCA – but later would agree to write our story. We've already had amazing success.

12. Is the writing in the Blue Book consistent with and supportive of RCA and its traditions?

I believe it is.

13. Do you find the grammar, person, and tense of the Blue Book clear, comfortable, and without gender discrimination?

Yes.

14. What would you like to see added to the Blue Book? Why?

I'd prefer a more organized format. Prayers together with promises next. List steps & traditions together next. Step work together – all of it. Stories together, etc. Flipping around is cumbersome.

15. What would you like to see deleted from the Blue Book? Why?

Nothing – everything I've read has merit, in my opinion.

Please use the back for additional comments. The additional comments in 2005 were very helpful in writing this 2006 edition.

My husband & I especially love the RCA companion Blue Book work book, but since I am legally blind & must write Big, I'd love more space to write. Even with our own copies to use together, I am running out of writing space for each question with exercise!