ROMANCE AGREEMENT

For _____
Date _____

The purpose of this agreement is to identify and plan actions and activities we can take with or for each other that nurture our feelings of love for one another.

We agree to have a “date day” at least once a month. The date day will include the following:

1. A walk somewhere in nature,
2. Romantic foreplay and sex,
3. A meal at a new restaurant,
4. A movie or video together

We agree that, if possible, it is desirable for sex to take place early enough in the day so that our energy levels are good.

At least once a week we agree to put on soft music and light candles while we read from a couple affirming book or spiritual materials together.

At least once a month we agree to give our partner a love note and/or gift.

We agree to review this agreement together during the first week of each month to set a date for our “date day” and weekly to help us stay focused on our progress toward our commitment.

This agreement is entered into willingly and lovingly by

_____ _____ on _____
(Sponsee Couple) (Sponsee Couple) date

And lovingly witnessed by our Sponsor Couple;

_____ _____ on _____
(Sponsor Couple) (Sponsor Couple) date