

RCA E-News December 7, 2016

To: All RCA members

From: Jim K., Chair RCA (JL030373@gmail.com 434-823-1495)

Season's Greetings to All! Many are busy with preparations for the Winter Holiday season. But I have several points that I feel are important to share:

Website

The new website is getting closer to completion. Clearly it is frustrating for us all that the old site crashed back in September. The good news is that the new site will be more user-friendly and less cluttered, so it will be easier to find what you are looking for. The bad news is that this is certainly interrupting our plans as a Board to better communicate with and to provide more outreach to RCA groups and members. The new site will come up gradually as completed but should be fully up by February. It is and has been a real lesson in using the Serenity Prayer. But this too shall pass.

- For now, the RCA Lite-Site is up and is useable. See for yourself by clicking on this [link](#).

Annual Conference

Please make plans now for attending the 2017 Annual Convention, which this year is in Minneapolis, Friday August 11 through Sunday August 13. For information and registration: click on this [link](#).

Hand in Hand

To get the latest *Hand-in-Hand* go to our RCA Lite-Site, click on this [link](#).

Virtual meetings/ local success

Our local Charlottesville, Virginia meeting has had people drive a long distance and often the meeting was very small. Lately, we have been trying a different method—learning from the Trailblazer group—to use a virtual face-to-face communication. We use the service, ZOOM.US. We are able to attract more couples from our region who actually live several hours apart. One couple who attends is currently living in two different parts of the U.S. Through the use of zoom, they are able to join us as a couple, one partner from Idaho and the other from Northern Virginia

- We expect our use of ZOOM to expand our group.
- We do miss the after meeting visits and occasional dinners so we are already thinking of intermittent dinners or partial day meetings to gain more support and friendship.

Growing a new meeting

If you have a large meeting, consider creating a second meeting in the same location but on a different time. Yes, it may detract from the original meeting but may add more total members in the same town that cannot attend it on the currently scheduled time. This allows more flexibility for people to attend on different days.

One day retreats

Has your region had a one-day retreat?

- They are much easier to plan for than a weekend retreat and less expensive. Those two features make it a lot easier for more people to attend and gain from the growth of more in-depth meetings. If you want information, contact me at the above address.
- If you have had a one-day or weekend retreat, the *Growing the Fellowship Committee* is looking to create a template to post on the website. Please send your ideas to gtf@recovering-couples.org.

Plan for you coupleship

Consider using the New Year as a time to review your couple growth and make plans for the coming year. The new RCA book, *Creating Healthy Agreements: A Resource and Guide for Couples*, may help, and is available from the RCA web site (click on this [link](#)). It is also available on Amazon. Check it out!

Working Together in Harmony

December is the 12th month and in honor of the 12th Step let's all look for ways to work together "to carry this message to other couples, and to practice these principles in all aspects of our lives, our relationships, and our families." To grow, we need each other, so let's work together.

Best wishes to all

Jim in recovery with Linda