



RCA Convention 2017

RECOVERY IN THE LAND OF LAKES
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SPEAKERS

Pat C., one of the founders of Recovering Couples Anonymous (RCA) and renowned author of many books on addiction and recovery, will present this year. The format will be an informal oral history interview about his memories and impressions of the early days of RCA, primarily focusing on the idea for starting RCA, coming up with the idea for using the 12-Steps, writing the first edition of the RCA big book and the concept of an annual convention. Since the first RCA Annual Convention in 1991 was in Minneapolis it will be especially inspiring to have one of the founders with us. If you have any questions for Pat C., please send them to caearley@gmail.com.

Bill M. and Linda M., our keynote speakers, have been active members of RCA since 2009. They are the owners of Mindful Connections Coaching, a relationship coaching company. Linda and Bill are Certified Singles and Couples Coaches and have worked with couples for over 30 years in many capacities. They are better marriages leaders, trainers and supervisors, having presented hundreds of seminars and retreats and have spoken at previous RCA convention.

Dave F. and Marya H., have been active members of Recovering Couples Anonymous for three years, with each practicing their individual program(s) for more than a decade. Marya and Dave have found that the core principles of RCA-greater caring, commitment, and communication-are vital to the healing and building of a joyful, lifelong relationship. Their coupleship is a testament to the fact that the spiritual program of RCA and the support of other recovering couples can "do for us what we could not do for ourselves."

WORKSHOPS

Many couples have volunteered their time and talent to present workshops at the convention. The variety of topics include:

Healthy Touch: A Sharing of Love – Debbie and Ruth

Collaging Your Relationship: Creating your Story Through Images – Kathy and Allan

Put Back the Fun – Dick and Vicki

Cutting through the Barriers to True Intimacy: Third Step – Sandy and Robert

Fair Fighting Contract: How to Handle Conflict So Everyone Wins - Sami and Paul

Asking for What You Want – Bob and Betsy

Couples and Money – Regina and Kevin

What do the Concept have to do with Coupleship – David and Mona

The Freedom of Agreements – Dale and Dannie

Building Trust through Consistency and Reliability – Marlo and Stephan

Couple's Support and Sponsorship – Steve and Sunny

How Irreconcilable Differences Reconciled Our Coupleship – Gopal and Wendy

We are on the Same Team – Stephen and Sherry

A Writing Workshop – Vickie and Dick

SILENT AUCTION

Allan and Kathy are collecting items for the Silent Auction, which raises funds for the World Service Organization (WSO). Popular items in the past have been arts and crafts, jewelry, books and bed and breakfast rentals. If you have a guest bedroom to offer, the B & B might be a wonderful way to raise money. If you have questions or a donation, please contact Allan and Kathy at arstein01@gmail.com.

Please join us for the Annual RCA Convention, August 11th – 13th in Bloomington, MN. *

Sign up Online at <http://tinyurl.com/rca2017> or Mail the form below with a check or Money Order for \$220.00 payable to RCA Convention 2017 to: RCA Convention 1832 Richal Drive Woodbury, MN 55125

Names _____

Contact email (s): _____

Contact Phone Number(s): _____