



Recovering Couples Anonymous Growing Together Couples Retreat September 30, 2017

Calvary United Methodist Church
2315 S. Grant Street
Arlington, VA 22202

8:45am **Registration, Coffee & Fellowship**

9:30am **Welcome**

RCA Preamble, How RCA Works Part I, 12 Steps
How RCA Works Part II, RCA Safety Guidelines
Couple Introductions

10:00am-11:00am **TOPIC**

“Characteristics of Functional and Dysfunctional Couples” (RCA page 7-9)

11:00am-11:15am **BREAK**

11:15 -12:30pm **TOPIC**

“Both Partners Usually Have Significant Family of Origin Issues” (RCA page 65)

12:30pm-1:30pm **LUNCH**

1:30pm-2:45pm **TOPIC**

“Both Partners Probably Suffer from Intimacy Disorder” (RCA page 64)

2:45pm-3:00pm **BREAK**

3:00pm-4:15pm **TOPIC**

“Resolving Underlying Relationship Issues Supports Both Personal and Coupleship Recovery”
(RCA page 71)

4:15pm-4:30pm **CLOSING**

RCA Promises and Unity Prayer

5:00pm Optional Meeting to Discuss 2020 RCA National Convention

COST: Early Bird by September 17th \$40 per couple. After September 17th: \$50 per couple.

Please RSVP via email ASAP: Sunny – sunnyho66@hotmail.com (703) 732-5899

Steve – stevenjross21@aol.com (703) 887-2600