



Hand in Hand

Spring Issue 2012

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Board Members

Chair: Ruth irw Debbie

Vice-Chair: Tami irw Matt

Secretary: Lyrallen irw Judy

Treasurer: Dave irw Kelly

Tyler irw Michele

Michael irw Elizabeth

Steve irw Sheryl

Jennifer irw Raymond

Reflections on Our Trustee Work Together in Coupleship

By Debbie and Ruth in LRT (Loving Relationship Together)

When I think of our RCA Trustee Service together our Unity Prayer comes to heart and mind.

I put my hand in yours,

And together we can do

What we could never do alone.

No longer is there a sense of hopelessness.

No longer must we each depend

Upon our own unsteady will-power.

The first and second part of our Unity Prayer encapsulates some of the struggles and gifts of our coupleship. We sought RCA in desperation to keep our coupleship alive. We were both working our individual programs but lacked the unity of recovery in relationship. This powerlessness and insanity brought us into the intention of commitment and the willingness to try anything!

As we worked the steps of RCA and learned to use our tools, our sense of hopelessness lessened and we came to believe that our coupleship Higher Power could restore us to sanity, intimacy, care and communication.

The summer of 2009 became an extremely significant year in our coupleship recovery. In RCA for one year, we searched for our Sponsor Couple and found them that year at our first convention. We also attended the convention business meeting as a Delegate Couple. Our first business meeting! Who would have ever thought that I would be mixed up in such politics (so I thought). We were amazed before it was half way through! The passion, caring and Fellowship that we experienced was beyond anything I could have ever imagined. Different perspectives were voiced within the context of Recovery! It was OK to respectfully voice differences! A matter of fact... these differences, when aired, helped to create a third way. Somehow, with willingness and an invitation to allow Higher Power in, differences melded into new possibilities that benefited the Fellowship as a whole. We sat in amazement, and also felt moved to speak to some controversial topics.

It was later that evening and the next day that we were asked by 3 couples if we ever considered Board of Trustee service. This invitation was the furthest notion from our minds! We looked at each other each time we were asked and said we would pray on it. By the end of Saturday evening we could not think of a reason to not give of our service. We talked extensively about the impact on our coupleship. We also kept the perspective that we would commit to one year at a time. We joined the Board that weekend.

Continued on page 2

Almost 3 years later we can't begin to share how our coupleship has benefited from our Trustee Service! We loved it so that we committed to the 3rd optional year. As we prepare to step down, we wanted to reach out and ask if you ever considered giving 12 Step service as an RCA Trustee. Here are just some of the ways that our coupleship has been blessed through our experience:

As we show up together, we see that our strengths complement each other and help bring a more full perspective to the board.

We each have service positions and we support one another with the commitments of time and work.

After board meetings we review the day, the questions, the issues and how we can best show up for the Fellowship on the matters at hand.

We bring news and updates to our local group and share what is happening to keep everyone informed.

We gain so much in service – at every level – and are honored to give back what was so freely given to us.

Yours in service, Debbie and Ruth

January 17, 2012

Notice from the RCA-WSO Structure Committee

To: All RCA Members and Member Groups

Re: *Deadline of March 6, 2012, for Submission of Topics for the Annual Business Meeting.*

The RCA World Service Organization's 2012 Annual Business Meeting

When and Where: Friday, August 3, 2012, 9:00 am to 5:00 pm

Hilton Memphis, 939 Ridge Lake Blvd. Memphis, Tenn. 38120

1. Planning for the Annual Business Meeting: It is time to begin planning for the 2012 Annual Business meeting which will be held on the Friday of the 2012 Memphis Convention weekend.

2. Soliciting Topics for the Business Meeting: The Structure Committee is soliciting topics for consideration at the 2012 annual business meeting. Are there any changes or additions that you think are needed for any of the following: (1) the bylaws; (2) special rules of order; or (3) any policy or procedure of the RCA World Service Organization? Is there any other issue that you think should be addressed by the delegate couples representing the Fellowship?

3. Deadline for Submission of Topics for Consideration at the Annual Business Meeting: The deadline this year is March 6, 2012. The bylaws require submission of any proposed changes to the bylaws no later than 150 days prior to the annual business meeting; thus establishing the March 6 deadline. It is the responsibility of the Structure Committee to prepare the materials required for the business meeting and to meet all the required deadlines. To provide the Structure Committee sufficient time to meet all subsequent deadlines, all topics to be considered at the 2012 business meeting must be submitted to the Structure Committee by the March 6 deadline, whether or not the topic involves changes to the bylaws.

4. Assistance from the Structure Committee: The Structure Committee will review all topics submitted and make suggestions as to the wording and appropriated category for all submitted topics. The final decision as to the wording of each topic will rest with the submitter.

5. Subsequent Notice Requirements Applicable to the Annual Business Meeting:

(1) **Saturday, May 5, 2012:** To permit by-mail voting, the bylaws require 90-days notice of topics to be voted on at the business meeting. The Fellowship has expressed a preference for permitting by-mail voting whenever possible so that the views of those groups not having a delegate-couple present at the business meeting will be considered.

(2) **Between Monday, June 4, 2012, and Wednesday, July 4, 2012:** The laws of Missouri, the state in which RCA's WSO is incorporated, require notices of proposed bylaws changes within this 30- to 60-day window prior to the annual business meeting. Advance notice of the exact wording of each matter to be voted on enables each delegate couple to determine their group's view on each issue.

6. Application of the Notice Requirements: You are requested to submit a description of any topic that you want addressed at the business meeting to the Structure Committee by Tuesday, March 6, 2012. This will give the committee the opportunity to provide notice of the topics to be voted on at the business meeting by the May 5, 2012 deadline. Subsequently, the committee will provide notice to the Fellowship of the exact wording of each matter to be voted on within the required notice window of 30 to 60 days prior to the business meeting. You will not be required to attend the business meeting to have your proposal considered by the delegates.

7. Where to Send Your Items to Be Voted On: By Tuesday, March 6, 2012, please submit a description of any topic you want the delegates couples to vote on: (1) by postal mail to RCA-WSO Structure Committee, P.O. Box 11029, Oakland, CA 94611; or by e-mail to structure@recovering-couples.org with submission by e-mail being preferred. Please also provide contact information so that the committee can get in touch with you regarding any proposal that you may submit.

Nomination Form Introduction

Every year new members are elected to serve on The RCA Board of Trustees. The requirements are simple, and the benefits to the couple's serving as well as to the Fellowship are enormous. It's our intention to have candidates willing, able and ready to step into service. If you or a couple you know is willing to consider this, please complete the attached form and send it to:

E-mail: secretary@recovering-couples.org

Or postal mail to:

Board Service Nomination

Recovering Couples Anonymous

P.O. Box 11029

Oakland CA 94611

The election is held Sunday afternoon after our RCA Annual Convention. There will be a short Trustee Meeting after the convention closes. If you cannot attend, you can still be nominated and elected.

We Would Like To Get a sponsor couple.....

Would you be willing to help a couple out as a temporary Sponsor or as a Support Couple? We can't keep it unless we give it away! Supporting and Sponsoring a couple is part of our 12th Step, and is invaluable in working the 12 Steps of RCA. Would you consider sharing your experience, strength and hope?

Please contact The List keeper at: Sponsors@recovering-couples.org for contact information.

RCA Board of Trustees Couple Nomination Application

Couple's Names: _____ irw _____

Couple's Address: _____

E-mail address: _____

Phone Numbers: _____

RCA Home Group: _____

Position Commitments:

- ε **Willing to share the responsibility for the direction and leadership of RCA**
- ε **Willingness to be cited as an RCA Trustee publically**
- ε **Able to attend Trustee Meetings as agreed to by the RCA Trustees**
(currently Trustees meet monthly, the 2nd Sunday of the month), and at
least 4X per year
- ε **Trustee Service is a 2 year term, with the 3rd year optional**
- ε **Be present for the Annual Business Meeting before The RCA Annual**
Convention, and the 1st Business Meeting which takes place right after the
convention

Position Requirements:

- ε **At least 1 year of active participation in the RCA Fellowship**
- ε **It's suggested that the nominated couple be actively working the RCA 12**
Steps of Recovery, and helpful if worked through at least once
- ε **Both members of the coupleship must serve together**
This is a self nomination, if you will be at the convention please be ready to tell
the Fellowship a little about yourself. If you cannot attend this year, we would
like a short introduction to read for you.

Please tell us a little bit about your coupleship. (where are you from? How long are you members? Have you any prior RCA Service? Do you have a vision for Trustee Service?)

We can attend this year's: Convention (Yes/No) Elections (Yes/No)

Business Meeting (Yes/No)

What is the ABM and why should we go?

Another year has gone by and the annual RCA international convention is just around the corner. This year we are meeting in Memphis Tennessee. As some of you know, The Friday of the convention has the annual business meeting, usually from 9-5 with a lunch break. This is where the Board of Trustees and the delegate couples, as well as any other interested visitors come to discuss and decide the business of our Fellowship.

What do we do?

During the early part of the year our structure committee gathers ideas and requests for items for the fellowship to vote on. They then take these topics and create the ballot which is sent out to all registered RCA groups. Some groups mail their ballots in, some select delegate couples and some select proxy couples – who are from a different group but will vote for them.

During the first part of the meeting the topics on the ballot are reviewed, discussed and voted on. The next part of the meeting is for new business where topics can come to the floor. This usually will contain some ideas from the discussion in the first part of the meeting. Often there is direction given to the board or their committees to follow through on these things. The last part is for questions or comments.

Why should we come?

Mailing in a ballot allows a group to have a static vote on topics. Very often the topics have a wonderful and informative discussion process that has often been pivotal in the decisions of the couples attending. If a group uses a written ballot, it may not get to have a voice or an ear in the discussion process. And without a representative, there is no opportunity to participate in the new business for the upcoming year.

The Board of Trustees is trying to encourage participation in every way we can. Attending the business meeting is service – and service is 12th step work. It allows a couple to see what is happening and to be a part of making good decisions. And - this year, the WSO is providing a lunch for all the couples registered to attend. It gives fellowship time as well as business time.

We can't afford to come.

For the past 2 years the WSO has offered the ability to attend via an electronic connection (we currently use Skype). This allows couples from all over the world to be able to attend the meeting, participate in discussions and vote on topics. If you cannot come in person, please consider attending virtually. We would welcome your presence and input. For more information on virtual connections email technology@recovering-couples.org

But we have heard...

That there is a lot of dissention and in-fighting with the people attending.

Perhaps there were meetings that felt that way in the past. That is why we now have a standard format, follow an agenda and have the business meeting safety guidelines. (the preamble to them is below)

No one really gets to talk – we just listen to a few people.

Everyone attending has the opportunity to speak and be heard. It is part of our concepts of service to hear the minority as well as the majority opinion on any topic – if someone requests a discussion.

We are too new to the fellowship to be a part of the international business meeting.

Most couples who come into RCA have had years of recovery in their personal programs. Some have had- or still have - significant service positions. And whether you are brand new or have many years, you probably have a valid opinion on many things. This is where you can share it and be heard.

One couple can't make a difference.

The only way this program works is one couple working with another. EVERY couple is a valued member and an important part. None of us govern. We are trusted to serve.

Someone will twist our arm to be on the board or committees.

Perhaps someone may hear your experience and recovery and ASK if you would serve, but that is actually meant as a compliment! And NO is always a valid answer. We would rather hear “we will pray about that” but there is really no expectation of any attendee at all.

I still don't know...

I would encourage you to talk to people who have served on the board, been to business meetings or participated in service of any sort. You are always welcome at the monthly board meetings (listed on our web site) and could hear how we work and what we do. That is just a shorter version of an annual business meet. And – if you have questions, you can email chairperson@recovering-couples.org and I will do my best to answer them.

My partner Debbie and I will be finishing our third year of board service and will be stepping down this year. We have submitted an article that talks of our ESH on the board, and hope you would read that, too. It has done amazing things for our coupleship, and we have made a real difference for the fellowship by being willing to show up. Please consider joining us in Memphis. We would love to welcome you there!

Business Meeting Safety Guidelines and Principles:

We are here to share our experience in business matters, keeping to the spirit of RCA, with our fellowship as the beneficiaries of our knowledge and learning experiences. There must be healthy, respectful back and forth dialogue in a business meeting setting, or we cannot be productive. There must be room for each members' opinion, both minority and majority. The informed minority opinion may further inform the group, or it may not. But it is the duty of all of us to listen and reflect upon it. Ultimately, the informed majority will prevail.

It is our duty to remember that we are here to discuss and debate issues. As we do this, we respect and value each individual as we seek to accomplish our goals as trustees and RCA members.

RCA BED & BREAKFAST CLUB

The 7th tradition Bed and Breakfast Club gives **RCA couples** an opportunity to connect with other **RCA couples**. Instead of spending money on a hotel, traveling RCA couples stay with members of the RCA fellowship, and send a 7th tradition donation to the WSO (\$20 to \$30 per night has been used in the past). This is another way to support RCA through our own contributions!

"...queen size bed, private bath, large deck, tennis courts, and a pool!"

(404)-849-2189 - Tami and Matt in Roswell (suburb of Atlanta), GA

"...hot tub with a view of the Cascade Mountains, dog-friendly"

(541) 343-4920 - Gladys irwJade, Eugene, Oregon

"...Winnipeg...from ice fishing in the winter to hot summers"

(204) 668-1515 - Gerrie committed to Randy, Randy committed to Gerrie"

"...condominium with private bedroom and bath suite on San Francisco Bay"

(510) 235-6111 - Elise and David near San Francisco"

"...own room in their home... surrounded by great books, experience, strength, and hope"

(925) 274-1186 - Bob and Betsy from San Francisco"

"...their Rockville home " (near Washington, DC)"

(301) 424-4594 - Kate and Dan, Rockville, Maryland

Own room, lake outside, nature, small town in Northern Minnesota - Paul and Stella 218-847-066 Detroit Lakes, Mn 56501 Stellajb41@msn.com

If you want to add your name to the RCA Bed & Breakfast Club, send a finished description to the editor at:

articles@recovering-couples.org

Humility

It all began in January 2011 with a dental implant. Yes, believe it or not, I was downed by a little piece of metal inserted into my jaw. It was in there for about a month, and I grew continually sicker, my jaw infected, going back to the dentist over and over again to have the infection scraped out with little to no anesthetic. I lay on the couch while my partner, who doesn't love it when I am unavailable, grew both worried and angry. Finally, they took the thing out.

Then my partner had a relapse. The relapse lasted from late March through July, during which time I asked her to move out. We ended up at the RCA conference in a room with two beds. We were embarrassed to be in crisis again. I mean, call us the Crisis Kids. Call us We Can't Get Along with Anyone, Let Alone Each Other.

For some reason, we thought it would be a good idea to join the RCA board. So we did. We weren't even living together at the time. It was an intuitive decision. I still don't understand it, unless I am supposed to be doing what I am doing at this moment, which is writing this.

Anyhow, I went to The Meadows. We interviewed couples therapists. We started new work on the steps. My partner did hypnosis, breath work, an individual step study.

Then, at the end of October, my closest friend in Boston died after being in a coma for nine days. There'd been hope — he wasn't brain dead — and then suddenly his progress wasn't enough and they decided to euthanize him. He was breathing on his own, so they kept adding drugs to make him stop. I left because, well, it just seemed wrong.

Let it be said that sudden and terrible death has been a little too frequent in my life. I have not been okay, really okay, since the end of October. I have felt a great deal of despair.

So, not unexpectedly, we have not lived up to our hopes for participation on the RCA board. Only now do we begin to do our own step work again; only now am I present enough to cry as my friend deserves (vs. lying on the bed staring at nothing, a pastime I enjoy when I'm not grieving).

We haven't been present on the board. We'd talked about resigning, but we've been present enough to follow the very contentious issue of closed vs. open groups. Personally, I don't care if there are closed or open groups per se. What I care about is whether discrimination is involved, whether closed means that there can be white only, heterosexual only. When our RCA group voted in the mail-in ballot, we talked about the issue and whether such groups would be possible if closed groups were allowed. Our group voted no closed groups, partly for this reason. (I was the dissenting vote, believe it or not.)

At this year's annual business meeting, the Structure Committee will make a recommendation about open/closed groups, as will a special focus group. To my knowledge, neither group has any minority couples. So, I am worried about the voice of gays and lesbians, of people of color, being lost. I worry that a lesbian or gay couple will go to the website, see "Heterosexual Only" and say, with every justification in the world, "There's no way I'm having anything to do with this." That's what I'd do.

In other words, I worry about RCA as a whole, and the effect such groups will have on us, and on RCA as a resource for minority couples.

In this very hard year, I joined the board, wanting to use my experience as a multicultural activist to make RCA more minority-friendly. I haven't done that, or been able to, but even as I talk with my partner about resigning from the board because of the challenges in our lives, I thought, I can at least do this much. I may not care about open/closed groups, but I care that any closed groups be closed for a focus on recovery, not as an excuse to discriminate. I care that there is leadership in the fellowship and foresight for what this might mean for all of us. I care that our diversity policy not be hypocritical, and I care that the fellowship itself remain intact and a resource for people who have a hard enough time in the culture at large, especially because I am one of those people.

I can't do much. But I can do this: I can write and hope my voice is heard.

Lyrallen irw Judy

Over 700 songs sung by Elvis,

and not one with the title “Together in Hope” ?

Well . . . "Don't Be Cruel" and "Don't Think Twice, It's All Right"

2012 RCA Convention

August 3, 4, & 5

Find out what “Memphis, Tennessee” is all about

We are currently seeking out those in the fellowship who might be willing to serve as workshop facilitators, breakout leaders, or discussion moderators. Perhaps you have served at a past convention or retreat and enjoyed the experience ? Perhaps you have been of service within your local group, and would like to serve the larger fellowship ?

We are hoping that we can all come together to make the 2012 convention something to remember ! We want to hear from you !! The suggestions we receive will be considered as we move forward in the convention program planning. In being open to your input and ideas, we can honestly say that we are and will all be “Together in Hope”. Just don’t step on my "Blue Suede Shoes".

Please email us: RCAMemphis@gmail.com with your thoughts, ideas, and ESH.

Al irw Joyce

Memphis GCC



Europe 2014: Conventionally RCA!



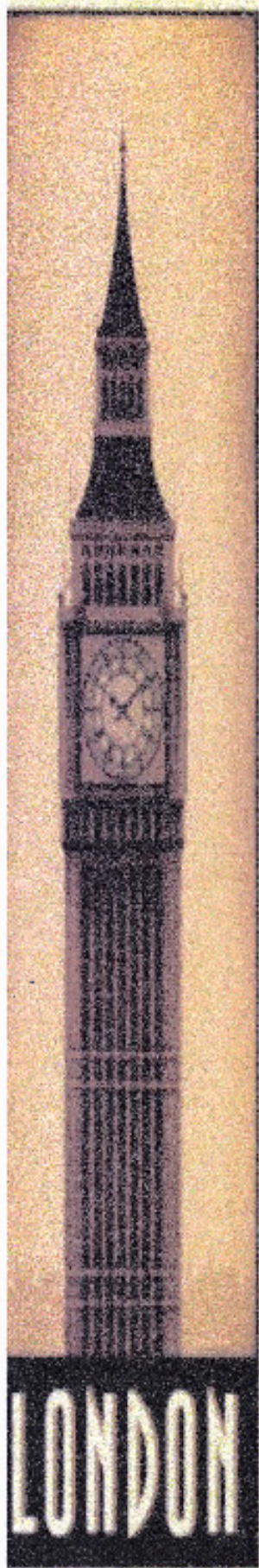
There's talk of an early summer '14 European RCA Convention.

Did you know there are meetings right now in Sweden, in the Netherlands, Germany and the United Kingdom? Maybe France soon, too?



For both "Old World" RCA couples and also those North American RCAers "Across the Pond": do you want to hear more about London In 2014?

Drop a line to RCA2014London@recovering-couples.org.



RCA WSO Treasurer's Report Summary

March 2012 Board Meeting

(All figures current as of February 29, 2012)

Please note: For ease of understanding, Total Income includes all sources of income (7th Tradition, Individual Contributions, Convention Income, Shipping/Handling fees, sales of products, etc.) Total Expenses includes all payouts (Costs of Goods Sold, Professional and Consultant's Fees, Finance Charges, Insurance, Printing/Copying, Postage, Leasing, Rent, Storage, Telephone, etc.)

	Feb. 2012	Jan. 2012	Feb. 2011
Total Income	\$2,852.44	\$3,166.79	\$2,781.09
Total Expenses	\$2,638.63	\$3,334.17	\$1,907.55
Variance	+\$213.81	-\$167.38	+\$873.54

Current Assets \$37,993.89

Fiscal Year To Date Summary

July 1, 2011 to February 29, 2012

Budgeted Actual Variance

Total Income	\$28,641.00	\$43,411.23	+14,770.23
Total Expenses	\$28,641.00	\$35,503.52	- <u>\$6,862.52</u>
			+\$7,907.71

Contributions are currently about 6% (\$640.12) less than anticipated.

Product sales are about 38% (\$5,358.68) more than anticipated.

Overall expenditures (including COGS) are about 24% (\$6,862.52) more than anticipated.

Dave R. irw Kelly R.

Treasurer

RCA WSO Board of Trustees

The New Blue Book is available!

Be sure to order yours from the new website!

RCA DAILY READER SUBMISSION INSTRUCTIONS

These instructions are meant specifically for the completion of submissions to be considered for the RCA Daily Reader.....a compilation of 366 submissions to provide inspiration, instruction, experience, strength, hope and faith from our fellowship members to our fellowship members and couples who continue to suffer in dysfunctional or abusive relationships.

1. The form offers three possible dates for you to choose on which your submission will appear, such as an anniversary, a birthday, the date of your first Meeting, etc. If by the time you submit, those dates are taken, we will offer you the opportunity to suggest three more. We hope to offer a calendar of populated dates as submissions pour in so as to avoid duplication. The 366th day, February 29, will be used as an example for submissions.

2. Your submissions are subject to edits based on appropriate length and subject. The committee hopes to limit editing to a minimum, thereby allowing the creative spirit of our fellowship with the guidance of a power greater than ourselves to create this useful tool.

3. We will add to the WSO website PDF's to allow for easy submission and subsequent transmissions to DailyReader@recovering-couples.org for committee review and approval. Please include your e-mail address or phone number in the event that we need to contact the submitter for clarification.

4. This committee does not have a timeline for completion of the book. That end date will be entirely in the hands of the fellowship. The Daily Reader subcommittee will submit the final product to the Literature Committee for approval, which in turn will review the book and submit it to the WSO Board for final approval prior to publication.

5. All submissions are subject to a first-submitted, First-served basis. See below as an example of a submission.

6. All submissions become the property of RCA for use in the Daily Reader publication.

7. Submissions may be quotes from other sources or original thoughts. Quoted authors need to be included as part of the quote/poem/song.

8. It is suggested that both the Reflection and Response (see sample below) be written in the voice of the "we" to acknowledge our coupleship.

EXAMPLE RCA DAILY READER SUBMISSION FORM

Choice of dates: 1st 2/29 2ND _____ 3RD _____

Today's Thought: Leap Year Day is about correcting the imperfection of our calendars. It proves in an odd way that even our solar system is not perfect, but that it can be adjusted and corrected.

Reflection: Our Program suggests that we make corrections, amends, to turn our wills and lives over, and to do this one day at a time. We cannot wait for every fourth year, but then again, we are not as big as the universe. We try to make our

corrections "wherever possible except when to do so would injure them or others."

Today's Response: Today, we will strive as a recovering couple to work our program and to take a "Leap of Faith" into action. A meeting for two, a meeting, a call to a sponsor couple, prayer and meditation, checking in on time, sex and money, sharing our feelings. We will do whatever it may be to work our program.

HERE IS A SAMPLE THAT HAS BEEN SUBMITTED**Our Daily Reader Experience!**

Part of our 11th step every morning is sitting together. We alternate reading from inspirational readings from various 12 step daily readers. We then sit quietly together, in meditation, for 5 minutes, then share our thoughts and inspirations. When we heard that RCA is creating a daily reader, we were thrilled to know that one day we would have THAT treasured tool for our morning ritual.

We decided to honor our coupleship, by submitting an entry for the date of our anniversary. We used the submission form from the RCA web site (under group resources), and together we created what we wanted to share. We sent it into DailyReader@recovering-couples.org and the committee reviewed it and told us we could have our selected date! We are going to be part of the RCA Daily Reader – and so can YOU!

We would like to share our submission with you:

Thought for this day: In Sedona, Arizona, there is a rock formation of a couple standing back to back during their wedding ceremony. Legend says that the couple was from different Native American Tribes, with different views and histories. With their unique vantage points, each could see what the other could not. The elders witnessing the ceremony reminded them of the growing strength in their differences.

Reflection: We each come from different families of origin and have different traditions, beliefs, experiences and perspectives. Just like the couple back to back, we may never see the same things or share the same perspective.

In recovery, we learn to invite Higher Power into the unity of our coupleship to help us see the bigger picture and to realize that there is greater strength within the spectrum of our differences. Together we can see, do and imagine much more than we could ever do alone.

Today's response: Today in our coupleship recovery we can respect our differences and perspectives and have the willingness to consider that Higher Power has a broader view. It is this broader view or third way that is possible by us being willing to be willing.

In love and service,

A grateful recovering couple

Now you try.....

**Seventh Tradition Contributions
RCA Groups and Individuals
January, February, and March 2012**

Birmingham, MI	\$100.00
Chicago	\$69.00
El Segundo	\$100.43
Eugene, OR	\$30.00
Fort Worth, TX	\$300.00
Individual	\$280.00
Jamestown-Sonora, CA	\$131.79
K.I.S.S. Venice, FL	\$150.00
Marlton, NJ	\$40.00
Merced, CA	\$60.00
Owatonna, MN	\$40.00
RCA Retreat	\$124.00
Reno, Nevada	\$100.00
Salem, Oregon Wednesday Mid-Valley	\$120.00
Santa Clarita, CA	\$25.00
St. Paul, MN	\$50.00
Tacoma, WA	\$25.00
Walnut Creek Friday Night	\$400.00
<u>TOTAL</u>	<u>\$2,145.22</u>

Would you like to serve on the Hand in Hand Committee? We are looking for people to help with writing articles, organizing and editing the Hand in Hand, or formatting the final draft. Please send us an email to

articles@recovering-couples.org.

Please remember to use your **group number**, which can be found on the website, when you place orders for literature.

This same number will help us keep track of 7th tradition contributions.

The **Hand in Hand** is your newsletter! To have an article included, please send it to articles@recovering-couples.org

The next article deadline is

June 15, 2012

September 15, 2012

December 15, 2012

March 15, 2012

SOME FINAL THOUGHTS

**The 2012 Convention
will be in
Memphis, TN**

Recovering Couples Anonymous
P.O. Box 11029
Oakland, CA 94611

Phone:
(877) 663-2317

E-mail:
wso-rca@recovering-couples.org

Web Site
<http://www.recovering-couples.org>