



# Hand in Hand

Fall Issue 2014

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This is your Hand in Hand  
We depend upon articles  
and couples stories to fill  
our pages.

What would you like to see  
in these pages?

[articles@recovering-couples.org](mailto:articles@recovering-couples.org)

We wish to introduce the 7 couples on this year's RCA Board of Trustees. Four of our couples are first-time board members including one from the United Kingdom and one from Denmark. Three of our couples have previously served on the Board. Thus, our Board has good mix of new and experienced board couples. Here are the members of the new Board.

- |                    |                           |
|--------------------|---------------------------|
| 1. Gladys & Jade   | Eugene, Oregon            |
| 2. Annette & Widar | Copenhagen, Denmark       |
| 3. Jim & Linda     | Charlottesville, Virginia |
| 4. Roxanne & Tom   | Santa Cruz, California    |
| 5. Dan & Kate      | Rockville, Maryland       |
| 6. Karl & Pat      | Berkeley, California      |
| 7. Lisa & Thomas   | Surrey, United Kingdom    |

The officers for the Board are: Dan O'C, chair; Jim K. vice-chair; Gladys C, secretary; and Tom L, treasurer. Jade S. is our "card writer" who will send out thank-you cards acknowledging Seventh Tradition contributions. The Board will strive to be guided by RCA's Concepts of Service and Traditions. We will provide service to the Fellowship and support our WSO committees as we follow the collective group conscience of the whole Fellowship. We recognize the vital need to "Grow the Fellowship" so that we may carry our message of couple recovery to other couples and share our spiritual journey.

Regards to each member of RCA,  
From the Board's Executive Committee on behalf of the  
RCA Board of Trustees

## **The role of Group Contact Couple: GCC**

### **Are you a GCC? Who is the GCC for your group?**

### **Why is the GCC so important?**

The more I am involved with the workings of RCA the more I conclude that the GCC is one of the most important positions for the viability and growth of RCA. This position is the potential link in the chain of all RCA groups and therefore if these links are not connected to other links or are weak then the entire chain will be weak.

### **From RCA Bylaws**

#### **Article III. Membership/ 3.5 Representation.**

Each Member Group shall designate one of its member couples as W.S.O. Group Contact Couple, hereinafter referred to as "GCC". The GCC may be changed by its Member Group at any time. The Member Group shall inform W.S.O. of the names and addresses of its GCC. The Board of Trustees shall direct the communications between W.S.O. and the GCC.

### **From RCA Website:**

#### **The following are suggested service duties of the Group Contact Couple:**

- \* Update the RCA website with any changes of address, meeting place, meeting time, etc.
- \* From the WSO Outreach Committee, receive occasional e-mails and telephone calls.
- \* Call to the group's attention any announcements from RCA WSO, regional-area retreats, other nearby RCA meetings. Share with group members all e-mail from WSO.

#### **The Role of the GCC in making organizational RCA WSO decisions**

"To ensure that the services provided by the W.S.O. are guided by the collective group conscience of the entire membership" we need a clear and open conduit for sharing information regarding organizational proposals from the WSO to the local groups. RCA is stated to be a "bottom up" organization. But if the position of GCC is not clear and able to be regularly and easily used then two way communication between the WSO RCA Board and the local RCA Group will not happen. This requires that there is a well established and receptive GCC in each group. Presently this link is not as well established as it could be. Developing a more inclusive involvement from local RCA groups will enrich and vitalize RCA.

#### **Please check your group's RCA web listing to ensure that it is current**

For help in making changes in your listing contact:

[meetings@recovering-couples.org](mailto:meetings@recovering-couples.org)

Jim K. Vice-Chair RCA WSO

November 4, 2014

## Announcements from the RCA Board of Trustees

Dear Members of RCA,

This announcement addresses five topics:

**1. Reminder of December 1, 2014 deadline for submitting proposal for the 2015 ABM.** This deadline was adopted at the Board's September 21, 2014 meeting. The policy was posted on the website prior to the Board's September 21st meeting. This new policy was recommended to the Board by the delegate couples attending the 2014 London business meeting.

The Group Contact Couples were notified of this deadline by e-mail on October 1, 2014. The policy is posted on Board of Trustees public website page, which can be accessed from the opening page of the website

**2. Proposal-Submission Form:** The final versions of the form and instructions for filling it out are posted on the Board's public website page. The form and instructions may be downloaded from the website.

**3. New Virtual Office on the "members only" portion of the website:** All RCA members are encouraged to visit the new Virtual Office on the "members only" portion of the website. The establishment of the Virtual Office and the posting of WSO information is part of the Board's commitment to transparency.

**4. Username and password for RCA members' login:** If you don't yet have a *username* and *password* for the "members only" portion of the website, the procedure for obtaining them is available on the website.

On the opening page of the website, move your cursor to the *Couples Resources* tab along the top of the page. Then "left click" on the last item in the drop-down list, *Create a Couple Login*. Next enter the requested information including *username* and *password*. A single login for a couple may be created by following that procedure once. Separate logins for each partner may be created by following the procedure twice, selecting separate *usernames* and *passwords*.

**5. Reformatting of the Standing Rules:** At the 2014 London annual business meeting, concerns were raised about the complexity and length of the *Standing Rules*. After the London Convention, a working group of the Structure Committee undertook a thorough review of the *Standing Rules*. The reformatted *Rules* are greatly improved in terms of usability; they are 23 pages in length.

Extensive explanatory, historical, and reference materials, not needed in the *Rules*, were moved to a separate document, *Supplement to the Standing Rules*. The *Supplement* is available for those who may have a particular interest in some aspect of these explanatory, historical, and reference materials. The reformatted *Rules*, the *Supplement*, and a summary of the reformatting process is posted on the Board's public website page. The *Rules* and the *Supplement* may be downloaded from the website.

Regards to each member of RCA,

From the RCA Board of Trustees: by the Chair of the Board of Trustees, Dan irw Kate.

## 2015 Annual Convention is in Southern California! July 31- August 2

<http://rca2015convention.wix.com/home>

How to sign up for RCA 2013/14 Step Study Meeting

Go to RCA Website Home Page: [www.recovering-couples.org](http://www.recovering-couples.org).

Select “ Couple Resources” on top horizontal menu bar for drop down menu.

Click on “ step study” in that menu.

Enter your user information.

Click on “ yes” and click on “ subscribe”.

If you have further questions,

please email us at [stepstudyfacilitators@recovering-couples.org](mailto:stepstudyfacilitators@recovering-couples.org)

**We are still looking for submissions for the  
Daily Reader.**

**This will be a Daily Meditation Book for RCA  
not more reflections like the 52 in the 4th Edition.**

**Please send your ideas to:  
[dailyreader@recovering-couples.org](mailto:dailyreader@recovering-couples.org)**

If you would like to join the Daily Reader Committee,

Contact the same email address

### **All Group Contact Couples (GCC's) and members of RCA**

Please make sure you are registered on the RCA website.

You will need your log-in information to access certain parts of the website, as well as where to sign up for newsletters, info., etc. (Hand-in-Hand, E-news)

~Please don't forget to share all this important information with your groups.

Our Virtual Office Coordinator (VOC) has now established a “Virtual Office” where all of our historical documents and information will be stored. Any information for Board meetings, agendas, call in information, etc. will be stored there.

See the website: *You need to be registered to access the Virtual Office.*

If you have any comments or suggestions regarding the design/function of the website, please forward to [web-team@recovering-couples.org](mailto:web-team@recovering-couples.org)

## **Would you like to serve on the Hand in Hand Committee?**

**We are looking for people to help with writing articles, organizing and editing the Hand in Hand, or formatting the final draft. Please send an email to**

**[articles@recovering-couples.org](mailto:articles@recovering-couples.org).**

**You can also contact the WSO Board of Trustees at**

**[RCA-Board@recovering-couples.org](mailto:RCA-Board@recovering-couples.org)**



Placerita Canyon in Santa Clarita was the site of California's First Gold Rush (1842). According to legend, Francisco Lopez fell asleep in the shade of a California Live Oak. There, he dreamed of finding gold. Later that afternoon, he discovered gold nuggets deposited in the nearby creek bed.

Join us as we recover the golden dream of committed, caring, communicative coupleship.

### Highlights

- Hollywood tour
- Dinner train
- Dinner Dance
- Speakers
- Spiritual Meeting

### On your own

- Disneyland
- Malibu
- Beverly Hills

... and many more!

### Location

Hyatt Regency Valencia  
24500 Town Center Drive  
Santa Clarita, California, USA, 91355  
Tel: +1 661 799 1234  
Fax: +1 661 799 1233

**SPECIAL CONVENTION RATE: \$149 USD per night plus taxes and fees.** Please call the Hyatt Valencia directly at +1 661 799 1234 to make your reservations, and be sure to mention "2015 Recovering Couples Convention" to get our special rate!

## Registration Form

2015 RCA International Convention  
30 July – 2 August 2015

### Convention Registration (per couple, US Dollars)

- |  |       |
|--|-------|
| <input type="checkbox"/> Before 30 Sept 2014         | \$100 |
| <input type="checkbox"/> 1 Oct 2014 to 30 April 2015 | \$125 |
| <input type="checkbox"/> After 30 April 2015         | \$150 |

### Meals (per couple, US Dollars)

- |  |       |
|--|-------|
| <input type="checkbox"/> Saturday lunch        | \$80  |
| <input type="checkbox"/> Saturday dinner-dance | \$120 |

Total \_\_\_\_\_

### VISA/MC/AMEX/Discover:

US ONLY: Card type: \_\_\_\_\_

Card #: \_\_\_\_\_

CSC: \_\_\_\_\_

Signature: \_\_\_\_\_

Outside USA: Visit <http://tinyurl.com/rca2015> to register and pay securely via PayPal Payments.

**CHECK:** Please enclose check in USD payable to "2015 Sta Clarita Recovering Couples Convention Committee"

### Your contact information:

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_

State/Province: \_\_\_\_\_

Zip/PostCode: \_\_\_\_\_

Country: \_\_\_\_\_

E-mail address: \_\_\_\_\_

First names and last initials for your badges:

\_\_\_\_\_ . irw \_\_\_\_\_ .

Send to  
2015 RCA Convention Committee  
22846 Tamarack Ln  
Santa Clarita, CA 91390  
United States  
e-mail: [rca27th2015@gmail.com](mailto:rca27th2015@gmail.com)

Coming soon:  
Activities Registration  
(watch for it on [recovering-couples.org](http://recovering-couples.org))

**Seventh Tradition Contributions****July, August and September 2014**

Asheville, NC	\$5.00
Birmingham, MI	\$150.00
Boise Tuesday Night, ID	\$50.00
Capitol District, NY	\$50.00
Charlottesville, VA	\$50.00
Chattanooga RCA, TN	\$100.00
Copenhagen, Denmark	\$262.45
El Segundo, CA	\$50.00
Eugene, OR	\$40.00
First Hamilton, Ontario	\$300.00
Fort Worth, TX	\$300.00
Green Valley RCA, AZ	\$50.00
Individual / 5	\$432.00
London Stepping Together, Ontario	\$200.00
Longwood, FL	\$40.00
Los Altos, CA	\$300.00
Merced, CA	\$96.00
New Beginnings, Herndon, VA	\$5.94
Nokomis/Minneapolis, MN	\$120.00
Oakland Early Birds, CA	\$900.00
PICC RCA, SC	\$75.00
Reno, NV	\$200.00
Richmond "Being in the Solution", VA	\$50.00
Riverhead/Manorville, NY	\$50.00
Sacramento, CA	\$100.00
San Diego, CA	\$140.00
Santa Cruz, CA	\$550.00
Sherman Oaks, CA	\$55.00
South Central Los Angeles, CA	\$200.00
St. Paul, MN	\$100.00
Sunday Video Trailblazers	\$60.00
Sweden RCA	\$1,794.00
Visions -Thousand Oaks, CA	\$150.00
Tucson Wednesday Night, AZ	\$150.00
Tucson Tuesday Night, AZ	\$150.00
Walnut Creek Friday Night, CA	\$350.00
<u>Yucaipa Sunday, CA</u>	<u>\$80.00</u>

**TOTAL      \$7,755.39**

Please remember to use your **group number**, which can be found on the website, when you place orders for literature.

This same number will help us keep track of 7th tradition contributions.

**The Hand in Hand is your newsletter!**  
**To have an article included, please send it to**  
**[articles@recovering-couples.org](mailto:articles@recovering-couples.org)**

The next article deadline is

**December 15, 2014**

March 15, 2015

June 15, 2015

September 15, 2015

**SOME FINAL THOUGHTS**

2015 is in Santa Clarita, California

2016 is in the Atlanta Area

**Recovering Couples Anonymous**  
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